

RUN FOR RONALD 5K 5K RUN

Age Group Results

April 30, 2011

SUNFLOWER STRIDERS RUNNING CLUB

Overall Female OVERALL FINISHERS Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MARLEY BAUM	Topeka KS	164	30	13	22:46.6	7:21/M
2	BOBBI WENDT	AUBURN KS	168	34	18	23:27.5	7:34/M
3	CATHY COLGLAZIER	Scranton KS	50	42	22	23:56.3	7:43/M

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	LAURA GILLUM	Rossville KS	144	12	101	30:17.2	9:46/M
2	MORGAN FOSTER	Rossville KS	109	12	102	30:20.1	9:47/M
3	STEPHANIE WOOD	TOPEKA KS	262	14	115	31:55.9	10:18/M
4	CATHERINE SIMPKINS	Topeka KS	266	11	131	33:24.1	10:46/M
5	MADELYN MICHAELIS	Paxico KS	273	12	152	35:46.9	11:32/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	REYNA REYES	Topeka KS	235	22	27	24:43.3	7:58/M
2	ASHLEY KRAUS	TOPEKA KS	58	22	33	25:29.8	8:13/M
3	JENNIFER COPELAND	TOPEKA KS	237	23	40	26:26.6	8:32/M
4	EMILLIE GALLOWAY	TOPEKA KS	255	23	99	30:09.9	9:44/M
5	KELSIE MAXWELL	Topeka KS	163	21	113	31:40.8	10:13/M

6	BETSY SIESS	Topeka KS	226	21	119	32:33.2	10:30/M
7	ASHLEY BEASON	Topeka KS	160	24	121	32:34.8	10:30/M
8	HEATHER HARTLEY	Topeka KS	30	23	139	33:58.0	10:57/M
9	STARLA THEIMER	TOPEKA KS	230	24	141	34:07.5	11:00/M
10	AMANDA BRUNKOW	Topeka KS	12	24	160	37:02.9	11:57/M
11	JORDAN KELLY	TOPEKA KS	147	20	168	39:37.7	12:47/M
12	KRISTA APPELHANZ	Topeka KS	86	24	173	40:49.8	13:10/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	HALEY DAVEE	TOPEKA	60	29	31	25:17.1	8:09/M
2	KARA SACK	Topeka KS	102	28	52	27:16.1	8:48/M
3	Kathleen Vawter	Topeka KS	89	26	53	27:17.2	8:48/M
4	ASHLEY HILL	TOPEKA KS	240	26	68	28:08.6	9:05/M
5	ASHLEY CRARY	TOPEKA KS	93	25	82	28:51.6	9:18/M
6	LACY MICHAEL	Topeka KS	75	27	88	29:22.0	9:28/M
7	ROBIN PETERSEN	KS	39	28	97	30:06.3	9:43/M
8	AMANDA WAGES	Olathe KS	35	25	105	30:34.1	9:52/M
9	JESSICA SOPER	Carbondale KS	111	29	106	30:56.8	9:59/M
10	MEAGHAN GRABER	LAWRENCE KS	161	25	120	32:33.9	10:30/M
11	HATTIE MITCHELL	TOPEKA KS	165	26	122	32:54.3	10:37/M
12	DORRIE HOFFMAN	Tecumseh KS	158	28	124	33:05.9	10:40/M
13	CATHERINE WILCOX	Topeka KS	85	25	133	33:27.7	10:47/M
14	Chelsea Whisnant	Rossville KS	101	26	145	34:51.6	11:15/M
15	EMILY RISHEL	Topeka KS	108	25	147	34:59.7	11:17/M
16	TINA DITMARS	Circleville KS	263	25	154	36:09.4	11:40/M
17	JESSICA ROMBECK	TOPEKA KS	155	26	164	38:11.7	12:19/M
18	SHANNON WARTA	Topeka KS	57	25	169	39:43.8	12:49/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ERICA HILL	TOPEKA KS	51	34	32	25:20.0	8:10/M

2	AMBER CAMPIDILLI	SILVER LAKE KS	132	31	34	25:51.4	8:20/M
3	CACY KLUMPP		334	34	60	27:47.4	8:58/M
4	MICHELLE PADILLA	Topeka KS	207	33	61	27:49.9	8:58/M
5	ROBYN CRAMER		332	30	76	28:26.9	9:10/M
6	MAGGIE WEISER	Topeka KS	243	30	79	28:43.7	9:16/M
7	ALICIA CALEB	Topeka KS	100	31	83	29:06.9	9:23/M
8	CASEY CRAWSHAW	Mayetta KS	34	30	103	30:22.5	9:48/M
9	JO DAVIS	TOPEKA KS	208	32	107	30:59.6	10:00/M
10	MICHELLE LEE	Valley Falls KS	205	32	108	31:02.2	10:01/M
11	CALLEA BREINER	Alma KS	133	34	127	33:12.4	10:43/M
12	LORENA REGALADO	Topeka KS	192	30	128	33:14.1	10:43/M
13	CAREY SISSON	Overbrook KS	10	33	129	33:14.9	10:43/M
14	LISA GOMEZ	Topeka KS	337	33	140	34:04.6	10:59/M
15	KRISTY COLBERG	Holton KS	31	31	142	34:11.5	11:02/M
16	KELLY ROBBINS	Topeka KS	77	32	150	35:22.1	11:25/M
17	MISTY GRAY	Topeka KS	216	33	151	35:26.5	11:26/M
18	LAURA FLUKE	Topeka KS	11	32	157	36:53.3	11:54/M
19	KRISTA FAITH	Wamego KS	28	31	158	36:59.7	11:56/M
20	CYNDI HAINES	Topeka KS	83	30	162	37:38.8	12:08/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CHRISTINE KETRON	MERIDEN KS	134	36	35	25:54.5	8:21/M
2	RACHEL PECK	TOPEKA	70	35	39	26:21.0	8:30/M
3	JENNIFER HOEME	Topeka KS	236	35	54	27:18.9	8:48/M
4	ANGELA ASHTON	Ozawkie KS	80	39	62	27:54.9	9:00/M
5	STACY LANDIS	Topeka KS	16	38	65	28:03.1	9:03/M
6	TANYA SCOTT	TOPEKA KS	15	39	89	29:23.9	9:29/M
7	JENI HERMAN	TOPEKA KS	76	35	110	31:10.6	10:03/M
8	BRANDI BURD	Topeka KS	170	37	134	33:28.7	10:48/M
9	BECKY BURKS	Topeka KS	169	37	135	33:30.6	10:48/M
10	PILAR MEJIA	Topeka KS	210	39	149	35:17.2	11:23/M
11	LISA BECKER	Tecumseh KS	18	37	156	36:51.3	11:53/M
12	BOBBI PEARSON	Osage City KS	175	38	167	39:14.2	12:39/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	KAREN RAMCHARAN	TOPEKA KS	33	44	58	27:37.2	8:55/M
2	BRENDA BECKMAN	CARBONDALE KS	67	41	67	28:06.1	9:04/M
3	KELLY WILDEMAN	Topeka KS	141	41	74	28:24.4	9:10/M
4	TONYA CAPE	Tecumseh KS	82	42	81	28:47.8	9:17/M
5	SARAH PLUMMER	Wamego KS	2	43	92	29:31.7	9:31/M
6	CHRISTI EVANS	Auburn KS	167	40	116	32:06.4	10:21/M
7	TAMERA STEINLAGE	Goff KS	225	42	118	32:31.4	10:29/M
8	TERESA COWSERT	Topeka KS	186	43	125	33:07.6	10:41/M
9	TAMMY MANZANARE	Topeka KS	17	40	136	33:32.0	10:49/M
10	AMY COHEN	TOPEKA KS	74	40	137	33:40.9	10:52/M
11	RENEE LINCOLN	Osage City KS	176	40	166	39:12.5	12:39/M
12	KATHY MICHALES	Paxico KS	272	40	171	40:05.5	12:56/M
13	JANET DONNER	Eudora KS	81	44	176	43:17.1	13:58/M
14	MONICA BREDE	Topeka KS	19	41	178	46:58.9	15:09/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	VICKI VOSSLER	TOPEKA KS	214	48	28	24:49.1	8:00/M
2	LYNETTE STUEVE	TOPEKA KS	215	47	48	27:06.3	8:45/M
3	SHELLY MAXWELL	Topeka KS	146	46	51	27:12.1	8:46/M
4	ABBY MOORE	OVERBROOK KS	87	48	64	28:01.7	9:02/M
5	PATTY HYLTON	Tecumseh KS	242	48	70	28:19.6	9:08/M
6	DENISE CAUTHON	Wakarusa KS	173	47	71	28:19.7	9:08/M
7	TERRI THOMAS	Topeka KS	99	45	75	28:25.9	9:10/M
8	IRENE GOLDEN	Manhattan KS	95	46	84	29:13.5	9:25/M
9	DARLENE MORGAN	TOPEKA KS	62	45	94	29:45.7	9:36/M
10	DENISE SMITH		219	47	109	31:06.1	10:02/M
11	JANET BUCHANAN	TOPEKA KS	231	45	112	31:28.4	10:09/M
12	SUSAN STAPP		341	46	175	42:21.9	13:40/M
13	DIANA RHOADES	Lawrence KS	23	49	177	44:35.1	14:23/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	DEB JORGENSEN	Topeka KS	247	52	63	27:56.1	9:01/M
2	ANNE YODER	Silver Lake KS	84	50	96	30:00.1	9:41/M
3	ROBIN COX	TOPEKA KS	63	53	100	30:14.7	9:45/M
4	DIANE DEBAKER	Topeka KS	270	50	111	31:17.2	10:05/M
5	SALLY KOTULAK	TOPEKA KS	43	53	144	34:43.2	11:12/M
6	GAIL RAMIREZ	Topeka KS	64	53	174	40:59.8	13:13/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	LESA ROBERTS	Topeka KS	221	55	95	29:47.7	9:36/M
2	DOROTHY RAPPARD	TECUMSEH KS	333	57	123	32:54.4	10:37/M
3	ANNETTE CAVANAUGH	Topeka KS	107	55	132	33:25.7	10:47/M
4	KAYLA DIEBALL	Manhattan KS	13	57	165	38:37.3	12:27/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JANICE CRUMMEY	Topeka KS	41	60	138	33:56.9	10:57/M
2	SHARON CREWSHAW	Valley Falls KS	198	62	155	36:42.7	11:50/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JEANNE SHIPMAN	Topeka KS	162	67	93	29:42.1	9:35/M

Overall Male OVERALL FINISHERS Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	PHILIP SEARS	Manhattan KS	229	32	1	19:23.1	6:15/M
2	BRIAN ISMERT	TOPEKA KS	22	33	2	19:40.6	6:21/M
3	CODY PORTER	Shawnee KS	36	26	3	19:55.8	6:25/M

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ANDREW GILL	Topeka KS	218	12	19	23:30.5	7:35/M
2	LOGAN MEADOR	Tecumseh KS	97	13	43	26:43.6	8:37/M
3	KALEB ROMINE	Topeka KS	217	11	57	27:33.7	8:53/M

Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	TYLER BECKMAN	CARBONDALE KS	69	17	26	24:37.3	7:56/M
2	DAVID HAAG	Tecumseh KS	234	17	59	27:42.1	8:56/M
3	ANDREW LARSEN	TOPEKA KS	32	15	148	35:06.4	11:19/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MILES WILCOX	Topeka KS	254	21	11	22:20.7	7:12/M
2	ROBERT RILEY	Topeka KS	227	23	15	23:06.2	7:27/M
3	KORE LIPPOLDT	Topeka KS	268	21	42	26:37.8	8:35/M
4	RICHARD JARVIS	HOYT KS	174	24	77	28:28.5	9:11/M
5	STETSON HAVERKAMP		114	22	91	29:27.6	9:30/M
6	JON ROWLAND	Topeka KS	228	23	98	30:08.7	9:43/M
7	JEREMY HEROLD	Topeka KS	121	20	104	30:31.9	9:51/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JOHN COLLINS	Topeka KS	47	29	4	19:59.9	6:27/M
2	CHAD LORENZ	Beloit KS	48	28	6	21:13.2	6:51/M
3	NICK GOMEZ	Topeka KS	336	29	8	21:45.2	7:01/M
4	KYLE SEIWERT	TOPEKA KS	29	29	14	22:54.7	7:23/M
5	TREY SHANDY	Tecumseh KS	157	25	16	23:15.3	7:30/M
6	DUSTIN CRARY	TOPEKA KS	94	25	29	24:53.9	8:02/M
7	CHRIS KEIL	TOPEKA KS	211	27	36	25:55.8	8:22/M
8	CHARLIE SCHLINK	TOPEKA KS	79	26	38	26:14.2	8:28/M
9	WAYNE DELONG	Maple Hill KS	71	29	44	26:48.0	8:39/M

10	JACOB SCHMIDTLEIN	TOPEKA KS	45	29	49	27:09.7	8:45/M
11	MATT LANGWORTH	Topeka KS	115	27	90	29:26.7	9:30/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MIGUEL ANGEL ARELLARO- HERNANDEZ		340	30	9	21:45.9	7:01/M
2	JERED CARLSON	Topeka KS	129	32	10	21:48.9	7:02/M
3	RYAN WEISER	Topeka KS	238	33	20	23:32.1	7:35/M
4	BILL LEMASTER	Burlington KS	90	33	24	24:16.1	7:50/M
5	JASON DAVEE	TOPEKA	61	30	45	26:50.7	8:39/M
6	STEVE CRAMER		331	30	72	28:19.9	9:08/M
7	NATALIE WABAUNSE	Topeka KS	245	32	73	28:22.7	9:09/M
8	KEVIN RAKE	TOPEKA KS	232	32	87	29:18.9	9:27/M
9	JASON DABNEY	TOPEKA KS	156	32	143	34:32.6	11:08/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ROD SPANGLER	Tecumseh KS	96	39	17	23:21.8	7:32/M
2	BRYAN JOBO	Topeka KS	239	37	25	24:22.1	7:52/M
3	STEVE CLAY	Topeka KS	103	35	46	26:52.6	8:40/M
4	NATHAN HILL	TOPEKA KS	52	36	86	29:17.2	9:27/M
5	SHAWN PREBBLE	Shawnee KS	92	36	114	31:43.4	10:14/M
6	DYLAN LEE	Valley Falls KS	204	35	146	34:56.6	11:16/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	PATRICK SMITH	TOPEKA KS	135	40	5	20:14.8	6:32/M
2	PATRICK BERRY	Topeka KS	139	42	41	26:32.0	8:34/M
3	JOHN ROMIG	Topeka KS	222	40	50	27:09.7	8:45/M
4	JAMES WABAUNSE	Topeka KS	246	40	66	28:04.1	9:03/M
5	MIKE BECKMAN	Carbondale KS	68	43	85	29:15.7	9:26/M
6	JAMES WECKERLINE		338	43	117	32:16.6	10:25/M

7 TRACY SMITH 350 44 163 38:10.1 12:19/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	WILLIAM, JR BONILLA	Manhattan KS	98	47	21	23:34.3	7:36/M
2	CHARLES SMITH	Topeka KS	220	48	23	24:14.8	7:49/M
3	TIM OWEN	Topeka KS	267	48	37	26:09.4	8:26/M
4	RON MOORE	OVERBROOK KS	88	45	130	33:21.8	10:45/M
5	KEITH WARTA	Topeka KS	56	49	170	39:44.7	12:49/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	NEAL FARRON	Topeka KS	244	51	7	21:15.2	6:51/M
2	CASEY FORD	Wakarusa KS	233	52	12	22:39.4	7:18/M
3	RICK BEATTIE		274	53	30	25:01.5	8:04/M
4	DON BAKER	Topeka KS	46	52	69	28:09.4	9:05/M
5	STEVEN TABOR		249	53	78	28:40.2	9:15/M
6	SCOTT LEIN	Topeka KS	203	50	153	35:49.5	11:33/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JOHN KOTULAK	TOPEKA KS	42	57	56	27:23.9	8:50/M
2	STEVE BROXTERMAN	Topeka KS	241	56	161	37:05.5	11:58/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ROBERT SHANDY	Tecumseh KS	159	60	80	28:45.1	9:16/M
2	STEPHEN TYLER	Topeka KS	25	61	126	33:11.2	10:42/M
3	SKIP DIBBLE	Topeka KS	201	64	159	37:01.7	11:56/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
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1	DON ANDERSON	Ottertail MN	343	67	47	27:04.1	8:44/M
2	LARRY KIETZMAN	Topeka KS	342	67	55	27:21.2	8:49/M

Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ROBERT BENORTHAM	Carbondale KS	66	71	172	40:09.9	12:57/M
